



Billing Policy

At El Dorado Hills Sports Medicine, we believe that a successful physician/patient relationship is built on trust and clear communication. The following financial policy is an effort on our part to avoid any potential misunderstandings regarding your account.

We believe your time is valuable. In order to provide high quality care in a relaxed environment, where you and your physician are not rushed, our practice does not bill your insurance company. We accept direct payment for services provided at the time those services are rendered. If you choose, you may apply to your insurance company for reimbursement for out-of-network services.¹ We are officially recognized by all local insurance companies and we will provide you with the relevant billing documentation and necessary forms to facilitate this process. For your convenience we accept cash, Visa, MasterCard, American Express, DiscoverCard and health spending accounts. We regret that we are unable to accept personal checks at this time.

Our fee schedule is based on the length and complexity of your appointment:

Appointment Type	Appointment length	Fee Schedule	Common Chief Complaints*
Consultation	30 minutes	\$175	<i>Simple problems: Ankle sprain, Finger/toe injury, wrist issue, etc.</i>
	60 minutes	\$300	<i>Large joint issue (e.g., knee, shoulder, hip), muscle strain, concussion, overuse injury, etc.</i>
	90 minutes	\$475	<i>Chronic or complicated issue requiring lengthy research or history and detailed exam</i>
Follow-up	15 minutes	\$70	<i>Simple follow-up, imaging review, check-in (e.g. concussion check, clearance for sport, etc.)</i>
	30 minutes	\$140	<i>Follow-up with history and exam, updated treatment plan (e.g., muscle strain, ligament injury, tendonitis, etc.)</i>
	60 minutes	\$240	<i>Follow-up with detailed history and exam with updated treatment planning</i>

¹ Ask your health care plan about their Usual, Customary, and Reasonable Charges (UCR) rate for out-of-network services.



Pre-Participation Exam (PPE)	15-20 minutes	\$65	<i>Comprehensive sports physicals for middle school, high school and collegiate athletes</i>
ImPACT, baseline test w/ required concussion education from MD	60 minutes	\$100	<i>Baseline testing ID provided; concussion education satisfies athlete's yearly requirement</i>
ImPACT, post-injury test	30 minutes	\$50	<i>May be administered in conjunction with EDHSM concussion consultation, or as a separate test for the referring physician</i>

**Problems commonly assigned to each appointment length. Not an all-inclusive list. Appointment length determined by the physician, as appropriate for chief complaint.*

There may be additional charges for equipment (e.g., crutches, braces, etc.) and other services (e.g., injections) rendered subsequent to your visit.

To ensure a thorough evaluation of the current problem, a concurrent non-related issue may require a separately scheduled appointment. If another appointment is required, your physician will discuss it with you.

Please give us the consideration of at least 24 hours notice if you are unable to keep your scheduled appointment. We appreciate your cooperation so that we can avoid charging a fee for missed appointments. We will be happy to help you reschedule!

Thank you for your understanding and for choosing us to be your partner in good health. We look forward to working with you to get you back in the game!

El Dorado Hills Sports Medicine
903 Embarcadero Drive Suite 2
El Dorado Hills, CA 95762
Office: (916) 293-8035
Fax: (916) 805-5507
www.edhsportsmedicine.com